Genital Skin Lesions (Non-Ulcerative)

Discrete lumps or bumps in the genital region may be due to normal anatomical findings, or may be due to a small number of sexually transmissible infections. Unusual lesions, including pigmented lesions, should be referred for a specialist opinion before any treatment occurs.

Patient complains of Genital Skin Lump(s) / Bump(s)

Examination
Note the appearance and location of lesions – together with the history, this is usually sufficient to make a diagnosis.

Normal Anatomical Variants
- **Males**
  - Pearly penile papules (coronal papillae), Fordyce glands.
  - Females
    - Vestibular papillomatosis, Fordyce glands

Genital Warts
Exophytic skin lesions that vary in size/shape and number.
- **Males**
  - Typically at leading edge of prepuce, on frenulum, or more sporadically in coronal sulcus, on penile shaft.
  - Less frequently on scrotum or in pubic area or perianal.
- **Females**
  - Usually vulval (often posteriorly), perineal, or perianal.
  - Note: Lesions resembling warts and arising in warm moist mucosal sites (e.g. inner labial, anal) – exclude syphilis (Condylomata lata).

Molluscum Contagiosum
Small dome-shaped lesions with waxy colour, and with central umbilication.
- **Males**
  - Typically: 2–10 mm reddish papulonodular lesions; very itchy.
- **Females**
  - ‘Nodular’ lesions more common in males.
  - Usual location: glans penis, shaft or scrotum.

Management
- Reassure patient that the lesions are normal.
- Offer opportunistic sexual health check.
- If unsure of findings, seek second opinion.

Management
- Treatment options – see Genital Warts guideline
  - Pigmented or atypical lesions – refer to sexual health specialist.
  - Offer full sexual health

Management
- Will resolve without treatment, but may take many months.
  - Treat with cryotherapy.
  - Offer full sexual health check.

Management
- Check syphilis serology.
  - See Ectoparasites guideline.
  - Refer to sexual health specialist if unsure of diagnosis or lesions non-responsive to topical treatment.
  - Offer full sexual health check.